

# BREAKFAST

## **BUILD YOUR OWN BOWL** 7.09

Two Poached Eggs, Yukon Puree, Sweet Potato Puree or \*Cauliflower Rice, Pita Puff, Your Choice of 3 Toppings  
*Cauliflower Rice add 1.10*

## **BUILD YOUR OWN BREAKFAST BURRITO** 7.09

Two Scrambled Eggs, Your Choice of 3 Toppings, Choice Of Tortilla Or Pita

## **CHOOSE THREE TOPPINGS**

Smoked Bacon	Green Onions	Tomatoes
Chicken Sausage	Sauteed Spinach	Soy Chorizo
Chicken Chorizo	Mushrooms	
Green Peppers	Cheese	

CONSUMER ADVISORY: The consumption of raw or undercooked meat, fish, eggs, poultry, seafood or shellfish can increase your risk of food-borne illness. This is especially true for people with certain medical conditions.



# SALADS

## **KALE CRUNCH** 9.79

Kale Blend, Almond, Cranberry, Peppered Turkey, Citrus Vinaigrette

## **CHICKEN AND EGG** 8.39

Chicken, Egg, Carrots, Red Onion, Tomato, Cucumber, Romaine Lettuce, Balsamic Vinaigrette

## **WHAT'S UP DOC** 8.39

Carrot, Hummus, Fattoush, Soy Nuts, Ancient Grains, Spinach, Lemon Vinaigrette

## **TO THAI FOR** 8.39

Asian Slaw, Chicken, Peanuts, Crispy Noodles, Edamame, Sesame Ginger Dressing

## **HAIL CAESAR** 8.39

Romaine, Shredded Parmesan, Soy Nuts, Yogurt Caesar Dressing.  
*Add Chicken \$2.00*





# WRAPS

**THE ITALIAN JOB** **10.59**  
Ham, Peppered Turkey, Salami, Provolone,  
Lettuce, Tomato, Sport Peppers, Spinach Wrap

**HAIL CAESAR** **8.09**  
Chopped Romaine, Grilled Chicken, Parmesan,  
Croutons, Caesar Dressing, Whole Wheat Wrap

**GYRO WRAPTURE** **8.29**  
Gyro Meat, Red Onion, Tomato, Lettuce, Tzatziki Sauce,  
Feta Cheese, Pita

**WRAPZILLA** **9.09**  
Ham, Turkey, Bacon, Swiss Cheese, Lettuce, Tomato,  
Pesto Spread, Whole Wheat Wrap

**CRUNCH ROLL** **8.29**  
Crispy Chicken Tenders, Shredded Lettuce,  
Tomatoes, Serrano Ranch Dressing, Spinach Wrap

**GARDEN OF EDEN** **7.29**  
Hummus, Fattoush, Soy Nuts, Ancient Grains,  
Wrapped in Lettuce Leaves

**FALAFEL PITA** **7.79**  
Falafels, red onion, tomato, lettuce, feta, Tzatziki



# SPECIALTIES

**3 CHICKEN TENDERS WITH FRIES** **8.69**

**HUMMUS BOWL** **9.79**  
Hummus, cucumbers, kalamata olives, pepperoncini,  
falafel, feta, pita chips, grape tomatoes, spring mix

**GYRO BOWL** **9.79**  
hummus, cucumbers, kalamata olives, pepperoncini,  
gyro meat, feta, pita chips, grape tomatoes, spring mix



# SIDES

<b>Sweet Potato Fries</b>	<b>4.59</b>	<b>Whole Fruit</b>	<b>0.99</b>
<b>French Fries</b>	<b>2.59</b>	<b>Green Bean Fries</b>	<b>4.99</b>
<b>Pita Chips</b>	<b>1.69</b>	<b>Cauliflower Tots</b>	<b>4.59</b>

# COMBO

**20 oz. bottled drink & french fries,  
pita chips or a piece of fruit** **4.49**  
*Sweet potato fries add 1.80*



# SMOOTHIES

	12oz	20oz
<b>CHAMP</b> Banana, Kale, Flax Seed, Apple, Apple Juice, Vanilla Yogurt	6.09	6.59
<b>AÇAÍ SMOOTHIE</b> Açaí, Banana, Apple, Apple Juice, Blueberries, Vanilla Yogurt	6.09	6.59
<b>BACK TO BASICS</b> Strawberry, Banana, Orange Juice, Vanilla Yogurt	5.89	6.39
<b>TROPICAL</b> Mango, Pineapple, Banana, Pineapple Juice, Vanilla Yogurt	5.89	6.39

<b>TWISTED ELVIS</b> 2% Milk, Banana, Peanut Butter, Chocolate Syrup	12oz 6.09	20oz 6.59
<b>GREEN MONSTER</b> Pineapple, Kale, Banana, Apple Juice	5.89	6.39
<b>MENSA MANGO</b> Mango, Peach, Banana, Strawberry, Orange Juice, Vanilla Yogurt	5.89	6.39
<b>BUILD YOUR OWN SMOOTHIE</b>	6.09	6.59
<b>CHOOSE 3 FRUITS</b>		
Banana	Peach	
Blueberry	Pineapple	
Kale	Raspberry	
Mango	Strawberry	
<b>CHOOSE 2 MIXERS</b>		
Almond Milk	Pineapple	
Apple Juice	2% Milk	
Chocolate Syrup	Soy Milk	
Coconut Water	Vanilla Yogurt	
Orange Juice		



<b>ADD INS</b>	
Açaí	2.19
Protein Powder	1.99
Peanut Butter	1.19
Flax Seed	1.89

# AÇAÍ BOWLS

<b>BERRY BOWL</b> Açaí Bowl, Granola, Sliced Bananas, Blueberries, Strawberries	8.09
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<b>CREATE YOUR OWN BASE BOWL</b>	6.59		
Açaí Bowl, Granola, Sliced Bananas			
<b>ADD INS 1.00</b>			
Peanut Butter	Blueberries	Dried Cranberries	Flax Seeds
Strawberries	Mango	Walnuts	Honey
Raspberries	Dark Chocolate	Coconut	Agave